

**ENTRANCE ANTIPHON**

*God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength to his people.*

**COLLECT**

O God, protector of those who hope in you,  
without whom nothing has firm foundation, nothing is holy,  
bestow in abundance your mercy upon us  
and grant that, with you as our ruler and guide,  
we may use the good things that pass  
in such a way as to hold fast even now  
to those that ever endure.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

*Amen.*

**FIRST READING** 2 Kings 4:42-44

A reading from the second book of the Kings.

A man came from Baal-shalishah, bringing Elisha, the man of God,  
bread from the first-fruits, twenty barley loaves and fresh grain in  
the ear. "Give it to the people to eat," Elisha said. But his servant  
replied, "How can I serve this to a hundred men?" "Give it to the  
people to eat," he insisted, "for the Lord says this, 'They will eat and  
have some left over.'" He served them; they ate and had some over,  
as the Lord had said.

The word of the Lord.

*Thanks be to God.*

**PSALM** Psalm 144

**RESPONSE:** *You open wide your hand, O Lord,  
and grant our desires.*

1. All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **R.**
2. The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **R.**
3. The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. **R.**

**SECOND READING** Ephesians 4:1-6

A reading from the letter of St Paul to the Ephesians.

I, the prisoner in the Lord, implore you to lead a life worthy of your  
vocation. Bear with one another charitably, in complete selflessness,  
gentleness and patience. Do all you can to preserve the unity of the  
Spirit by the peace that binds you together. There is one Body, one  
Spirit, just as you were all called into one and the same hope when  
you were called. There is one Lord, one faith, one baptism, and one  
God who is Father of all, through all and within all.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Your words are spirit, Lord,  
and they are life:  
you have the message of eternal life.  
Alleluia!*

Or

*Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!*

**GOSPEL** John 6:1-15

A reading from the holy Gospel according to John.

Jesus went off to the other side of the Sea of Galilee – or of Tiberias  
– and a large crowd followed him, impressed by the signs he gave  
by curing the sick. Jesus climbed the hillside, and sat down there  
with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip,  
"Where can we buy some bread for these people to eat?" He only  
said this to test Philip; he himself knew exactly what he was going to  
do. Philip answered, "Two hundred denarii would only buy enough to  
give them a small piece each." One of his disciples, Andrew, Simon  
Peter's brother, said, "There is a small boy here with five barley  
loaves and two fish; but what is that between so many?" Jesus said  
to them, "Make the people sit down." There was plenty of grass  
there, and as many as five thousand men sat down. Then Jesus took  
the loaves, gave thanks, and gave them out to all who were sitting  
ready; he then did the same with the fish, giving out as much as  
was wanted. When they had eaten enough he said to the disciples,  
"Pick up the pieces left over, so that nothing gets wasted." So they  
picked them up, and filled twelve hampers with scraps left over from  
the meal of five barley loaves. The people, seeing this sign that he  
had given, said, "This really is the prophet who is to come into the  
world." Jesus, who could see they were about to come and take him  
by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

Accept, O Lord, we pray, the offerings  
which we bring from the abundance of your gifts,  
that through the powerful working of your grace  
these most sacred mysteries may sanctify our present way of life  
and lead us to eternal gladness.

Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*Bless the Lord, O my soul,  
and never forget all his benefits.*

Or

*Blessed are the merciful, for they shall receive mercy.  
Blessed are the clean of heart, for they shall see God.*

**PRAYER AFTER COMMUNION**

We have consumed, O Lord, this divine Sacrament,  
the perpetual memorial of the Passion of your Son;  
grant, we pray, that this gift,  
which he himself gave us with love beyond all telling,  
may profit us for salvation.

Through Christ our Lord.

*Amen.*